Meaningful Connections on the HLC in FY’19!

The continued positive response to the Meaningful Connections curriculum resulted in HLC colleagues making many connections across the campus over the past year. Keep the energy going in FY’19 by continuing to take advantage of the robust curriculum offered below. Three content suites comprise the Meaningful Connections curriculum: *Work-Life & Wellbeing*, *Interpersonal Focus* and *In The Know*.

---

**Work-Life & Wellbeing**

- *EAP offerings*
- *The Upside of Change: Managing yourself and your team during transition*
- *The Transition Challenge: An exploration of how to manage yourself and your work during transition*
- *Meditation*
- *Yoga on Longwood & Landmark*
- *Welcoming a Baby? Thinking of Adoption? New to Childcare?*
- *New Perspective: Pursuing Your Goals with the Immunity to Change Method*

**Interpersonal Focus**

- *Conflict Resolution Strategies*
- *Conversations That Take Courage*
- *Work-Life Integration*
- *Mindful Commitments*
- *Unconscious Bias*
- *Effective Strategies for Dealing with Abrasive Behavior*
- *Overview of Cultural Intelligence*

**In The Know**

- *ePerformance - Goals/Planning - Year-end Assessments*
- *HLC Understanding the I-9 process*
- *Universal Manager Training @ CWD (required)*
- *HLC Orientation & Networking*
- *Bystander Intervention*
- *Responsible Employee Training*
- *LGBTQ Inclusive Practices*
- *Flex Work Information Sessions (Staff & Managers)*
- *Developing a Flex Proposal (Staff)*
- *Evaluating a Flex Proposal (Managers)*

Manager Focused Resources

- *HLC Manager Networking Events*
- *HLC Manager/Supervisor Series*
- *CWD Professional & Leadership Dev. (Cambridge & Longwood)*

*COMPASS: Career Navigation*

- Annual Events

---

Go to hlc.harvard.edu and click on Human Resources> HLC Workshops to find out how Meaningful Connections began in July 2016 and how the curriculum above was created.

Email hlctraining@hsph.harvard.edu with any questions